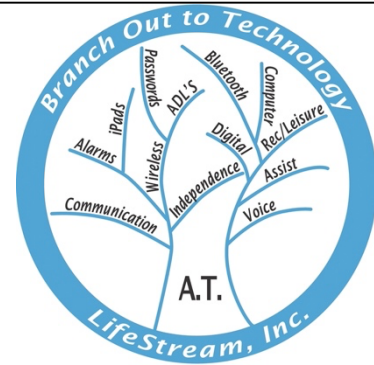


Assistive Technology News

July 2021



TOKYO 2020 PARALYMPIC GAMES

August 24, 2021 - September 5, 2021

The Paralympic Games or Paralympics are a periodic series of international multi-sport events involving athletes with a range of disabilities, including impaired muscle power (e.g. paraplegia and quadriplegia, muscular dystrophy, post-polio syndrome, spina bifida), impaired passive range of movement, limb deficiency (e.g. amputation or dysmelic), leg length difference, short stature, hypertonia, ataxia, athetosis, vision impairment and intellectual impairment. There are Winter and Summer Paralympic Games, which since the 1988 Summer Olympics in Seoul, South Korea, are held almost immediately following the respective Olympic Games. All Paralympic Games are governed by the International Paralympic Committee (IPC).



APP OF THE MONTH

Breathe2Relax (available on the App Store and Google Play Store)

Breathe2Relax is a portable stress management tool which provides detailed information on the effects of stress on the body and instructions and practice exercises to help users learn the stress management skill called diaphragmatic breathing.

For further information, please email:
assistivetech@lifestreaminc.com

GUESS THE DEVICE JUNE 2021

June's Assistive Technology
Committee "Guess the Device"
results:



Braille Watch

Congratulations to this month's winner:
Jill Ras

Tip one on how to build your communication partner skills:

AAC = Alternative/Augmentative Communication
Make comments, rather than questions

1. As we interact with an AAC user, think about the language or sentences we use.
2. Do we always ask question after question? And what type of questions do we ask? Yes/No questions? Or questions we already know the answers to?
3. Asking lots of questions puts an AAC learner in a passive role. They learn to respond but not to initiate conversations. They may even feel they are being tested. They are less likely to see and practice using words for real communication. If we think about our day, our most rewarding conversations probably don't have right or wrong answers.
4. Instead of always asking questions, we can make comments about what we are seeing, doing, and thinking. Describe things! Make comments! Let AAC learners see other language.

from: Communication Partner Skills for AAC Users



Follow LifeStream Inc on Facebook and participate in the Assistive Technology "Guess the Device" contest. Contest winners will receive a \$20.00 gift card.

Send submissions to:
assistivetech@lifestreaminc.com